

Duddon Saint Peter's CE School



Personal, Social, Citizenship & Health Education Policy

Aims:

- To provide a stimulating, high quality learning experience within a safe and happy environment where all are active participants in their own learning, developing skills and knowledge for today and tomorrow.
- To create a rich and balanced learning culture where all have access to a high quality education which develops the individual academically, morally, spiritually and culturally.
- To provide opportunities to enable children to develop skills to investigate, make sense of and communicate with the world around them in order to become responsible, healthy members of the community.

Aims & objectives of PSICHE

Personal, social, citizenship and health education (PSICHE) enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In this way we help develop their sense of self worth. Every person is valued regardless of age, colour, gender, ethnicity, heritage, religion or disability. We teach children what it means to be a positive member of a diverse multicultural society, how society is organised and governed, ensuring that they experience the process of democracy in school through the school council.

The aims of personal, social, health and citizenship education are to enable the children to:

- respect themselves as individuals, whilst developing an understanding, tolerance and respect for others and their differences, treating all people as equal
- develop a clear set of values and attitudes, including honesty and kindness and establishing a strong moral code and keeping to it
- value themselves as unique human beings, capable of spiritual, moral, intellectual and physical growth and development

- develop their varied abilities and talents fully setting achievable goals, learning to work and try hard, and understanding both success and failure
- learn to live and enjoy a healthy lifestyle
- develop an active role as a member of a family and of the community
- understand the principles of our society and democracy
- value their role as a contributing member of a democratic society
- respect the letter of the law and encourage others to do so

Personal, social and health education (PSCHE) are central to our school's ethos, supporting children in their development and underpinning learning in the classroom, in school, and in the wider community.

Teaching and learning and inclusion

In PSCHE children are taught the knowledge, skills and understanding that they need to develop in order to contribute and participate in inclusive learning environments. Children learn about and deal with bullying and racism and learn to recognise and challenge stereotypes. They contribute to the development and review of relevant school policies and participate in projects and initiatives that promote inclusion.

We follow the SEAL programme (Social Emotional Aspect of Learning) which encourages children to understand and manage their feelings, work co-operatively, motivate themselves and demonstrate resilience in the face of setbacks. We work together to help children take ownership for their own behaviour and learning through assemblies, a whole-school system of rewards and sanctions, circle-time activities and reinforcing positive values throughout the school day.

Nurture groups take place every week to help selected pupils think about emotions and to develop their social skills. Strategies recommended by outside agencies are incorporated and regular training takes place.

A private counselling service is available to pupils where specialised and focused, individual support is deemed to be more appropriate.

Equal Opportunities

We use teaching materials which reflect the cultural and ethnic diversity of society. We avoid stereotyping in terms of ethnicity, race, gender and ability ensuring that no child is disadvantaged.

Children's religious beliefs and cultural differences are always respected.

Healthy Schools Scheme

The following areas have been achieved through healthy school status:

- there is a commitment to the philosophy and implementation of Healthy Schools at senior management and governor level
- a range of national and local resources is used such as the police, health professionals, road safety team.
- the school provides a secure and welcoming environment

- pupils feel secure, supported and valued through circle time and the school council
- celebrating pupil achievement with certificates, awards and in assemblies
- awareness and celebration of cultural and religious diversity
- the school is well maintained
- clean drinking water is available for all
- the lunchtime environment is clean, social and well organised
- the school is involved in environmental projects
- there is a well established School Council
- staff promote healthy choices and respect for others
- parents and community partners take part in school life
- there is good communication with parents/carers

Using visitors and outside agencies

We use outside agencies and visitors from the community in order to deliver aspects of PSCE such as the police, fire-fighters, school nurse, road safety team, drug education programme, recycling team.

Teachers using visitors always make sure that;

- pupils are involved through discussion about who would be an appropriate visitor to support the work
- the visitor is briefed as to the nature and involvement of their visit
- there is sufficient time to prepare questions that pupils may like to ask
- there is follow up from the visit with the pupils
- the visitor is thoroughly briefed and understands their involvement
- the visitor knows how many pupils are involved, their age and ability, the equipment available
- the visitor's contribution complements the teacher's contribution

Date: *October 2023*

Date of review *Autumn 2025*